


HEALTH RECORD		CHRONOLOGICAL RECORD OF MEDICAL CARE																																				
DATE	SYMPTOMS, DIAGNOSIS, TREATMENT, TREATING ORGANIZATION <i>(Sign each entry)</i>																																					
	Family Practice Clinic31 st MDGAviano AB, Italy																																					
	S-___Y/O male / female seen for F/U of EIEVATED BP as per JNC VI.																																					
	O- R___/___L ___/___R/L 2nd ___/___average ___/___																																					
	A-r/o hypertension																																					
	P-Repeat BP check																																					
	S-Second BP check																																					
	O-___/______/___average ___/___																																					
	A/P-___ NORMOTENSION -no further work-up, discussed healthy lifestyle, recheck 2 years																																					
	___ HIGH NORMAL BP -referred to HAWC for lifestyle modifications, recheck 1 year																																					
	___ r/o HTN -UA,CBC,Chem7(fasting), Screening Chol, EKG,scheduled appointment with provider																																					
	<div>Classification of BP for adults aged 18 and older combined with recommendations for F/U on initial BP measurements for adults<table><tr><th>Category</th><th>Systolic</th><th></th><th>Diastolic</th><th>F/U</th></tr><tr><td>Optimal</td><td><120</td><td>and</td><td><80</td><td>Recheck 2 years</td></tr><tr><td>Normal</td><td><130</td><td>and</td><td><85</td><td>Recheck 2 years</td></tr><tr><td>High-N</td><td>130-139</td><td>or</td><td>85-89</td><td>Recheck 1 year</td></tr><tr><td>HTN-st1</td><td>140-159</td><td>or</td><td>90-99</td><td>Confirm within 2 months</td></tr><tr><td>Stage 2</td><td>160-179</td><td>or</td><td>100-109</td><td>Eval or refer for care within1 mo</td></tr><tr><td>Stage3</td><td>>180</td><td>or</td><td>>110</td><td>Eval or refer for care immediately or within 1 wk depending on clinical situation</td></tr></table></div>			Category	Systolic		Diastolic	F/U	Optimal	<120	and	<80	Recheck 2 years	Normal	<130	and	<85	Recheck 2 years	High-N	130-139	or	85-89	Recheck 1 year	HTN-st1	140-159	or	90-99	Confirm within 2 months	Stage 2	160-179	or	100-109	Eval or refer for care within1 mo	Stage3	>180	or	>110	Eval or refer for care immediately or within 1 wk depending on clinical situation
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	When systolic and diastolic blood pressures fall into different categories, the higher category should be selected to classify the individual's blood																																					
	pressure status. Based on the average of 2 or more readings taken at each of 2 or more visits after an initial screening. If systolic and diastolic																																					
	categories are different, follow recommendations for shorter follow-up(eg, 160/86mm Hg should be evaluated or referred to source of care withir																																					
	1 month).																																					

ATIENT'S IDENTIFICATION *(Use this space for Mechanical nprint)*

RECORDS MAINTAINED AT: 			
PATIENT'S NAME <i>(Last, First, Middle Initial)</i>		SEX	
RELATIONSHIP TO SPONSOR		STATUS	RANK/GRADE
SPONSOR'S NAME		ORGANIZATION	
DEPART./SERVICE	SSN/IDENTIFICATION NO.		DATE OF BIRTH

